

Hello,

Thank you for attending our virtual roundtable, Successful Public Health Approaches in Dementia Caregiving: Georgia on January 24th, 2024. Below is the content shared in the Zoom chat by the speakers and by attendees.

We encourage you to look through the list of attendees and the links below, to identify helpful resources and contacts.

Note:

- To shorten this document, introductions and attendee reactions to comments in the chat have been omitted.
- **Yellow highlights** indicate links to resources shared by attendees and presenters.
- **Green highlights** indicate questions that presenters asked the audience.

Your BOLD Public Health of Center of Excellence on Dementia Caregiving Team

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00:40:10 Elma Johnson (PHCOE-DC): <https://aging.georgia.gov/>

00:41:24 Elma Johnson (PHCOE-DC): [Second Wind Dreams – Virtual Dementia Tour - https://www.secondwind.org/](https://www.secondwind.org/)

Savvy Caregiver: <https://savvy caregiver.com/>

Alter Dementia: <https://alterdementia.com/>

00:42:04 Carla Berscheid: Savvy Caregiver is a great program! I am a facilitator of this program. Very powerful for caregivers

00:43:33 Laura Ellen Christian - AGE-u-cate Training Institute: Alter is a great resource! We recently hosted a webinar where Dr. Fayron Epps was on the panel.

<https://www.youtube.com/watch?v=hcAm25XyN80&t=5s>

**Question for the audience: Where do you get your local level caregiver data? How did you overcome the turnover of volunteers when making sustainable EBI programming when they are largely implemented by volunteers?**

00:45:42 Julie Knight - Louisiana: Some of our stakeholders in Louisiana regionally collect data, the association as well we lean upon

00:45:49 Patti Ellison: We have a local Dementia Friendly group that offers trainings.

00:46:53 Laura Ellen Christian - AGE-u-cate Training Institute: Idea to source volunteers from local independent living communities where the community can help with turnover/sourcing interested volunteers.

00:48:39 Lisa Wells: What you are sharing looks just like our dementia care specialist program in Wisconsin - the first state to have this program.

00:49:00 Julie Knight - Louisiana: Also in the area of volunteers we lean upon the AARP and the Alzheimer's Association who both have strong volunteer networks. Also looking into additional community coalitions and utilizing their networks.

00:50:53 Joanie Christie: Where do you get your training to be a Dementia Care Specialist?

00:50:55 Jennifer Shore - Senior Services - Winston Salem, NC: Who are you receiving your certification through?

00:51:20 Elizabeth Head: This looks just like our dementia care specialist program in Wisconsin - the first state to have this program.

Yes! we leaned heavily on our amazing Wisconsin partners when thinking about what the GA DCS work could look like. :-)

00:54:24 Elma Johnson (PHCOE-DC): Teepa Snow, Positive Approach to Care -

<https://teepasnow.com/>

00:54:26 Laura Ellen Christian - AGE-u-cate Training Institute: Simulation/experiential learning is very impactful for awareness to build and keep momentum going! Kudos 😊

00:54:43 April Henkel: Please talk about how the DCSs are "certified".

00:55:14 Jennifer Shore - Senior Services - Winston Salem, NC: Do you have a plan for people who live alone with Dementia? If so, can you talk about how that works?

**Question for the audience: Advancing equity can be difficult in a decentralized state with 159 counties or 18 health districts or 12 AAAs. How has your agency advanced equitable access for priority populations?**

00:59:49 Jessica Link: Mobilizing trusted partners

01:00:01 Benita Johnson: Not a lot

01:00:04 Ethelle Lord: The ICA publishes press releases and offers podcasts. [www.ICAcare.com](http://www.ICAcare.com)

01:00:11 Carla Berscheid: Resource Fairs

01:00:13 Julie Knight - Louisiana: To reach priority populations we are working with other CDC funded grant programs who have established sites - WISEWOMAN, statewide recognition program

01:00:22 Kate Massey--NWRC (an AAA): Spending time with faith communities allows us access to cultural groups we would not otherwise reach.

01:00:24 Lisa Wells: Be sure to reach out to the clinics and hospitals, business community, universities, faith communities, organizations

01:00:32 Janet Dickinson, ElderSource: involving faith-based partners

01:00:34 Jane Grudt: Support Groups

01:00:55 Lynn Fyans: Libraries

01:01:04 Beth Marfeo: We try to work with local Councils on Aging and as an academic/community based partnership we can try to apply for focused grants that support health equity aims

01:01:22 Elizabeth Head: Replying to "Libraries"

yes! Libraries are such a wealth of amazing partnership opportunities. :-)

01:01:25 Annette Graham: developing relationships across systems

01:01:26 Julie Knight - Louisiana: Also we are working with CBOs and faith based to reach priority populations in rural areas that connect with FQHCs, rural clinics, etc.

- 01:01:26 Julie Boggess- AGE-u-cate Training Institute: Yes, faith based communities should be a part of your coalition.
- 01:01:32 Lisa Wells: Brain health presentations are a great way to draw people in and then speak about dementia.
- 01:01:40 Carla Berscheid: Libraries are amazing partners!!
- 01:01:54 Elba Liz Gonzalez Marquez: Educational interventions with communities. Free educational sessions for the entire population, establishing collaborations and alliances, developing public policy.
- 01:01:58 Jenay Beer: Replying to "Brain health present..."  
 Yes! We do the same at the CARE Center.
- 01:02:00 Laura Ellen Christian - AGE-u-cate Training Institute: Here is a case study of a group in Wisconsin who is doing great things connecting and elevating youth of color as a silent generation of care partners - [https://ageucate.com/index.php?main\\_page=bridge\\_youth\\_elite\\_8\\_case\\_study](https://ageucate.com/index.php?main_page=bridge_youth_elite_8_case_study). Dr. Bashir Easter is very collaborative and happy to make any connections to learn more about his program!
- 01:02:00 Ethelle Lord: The International Caregivers Association offers special dementia care training designed for doctors anywhere in the world. Doctors need this training.
- 01:03:36 Lisa Wells: Dementia Live is another EXCELLENT program. I prefer vs the Virtual Dementia Tour.
- 01:03:42 Ethelle Lord: The ICA offers the new standard in dementia care that replaces obsolete systems of care and services. [ICAcare.com](http://ICAcare.com)
- 01:04:06 Laura Ellen Christian - AGE-u-cate Training Institute: Leslie Fuller is great! And of course, Teepa provides powerful content.
- 01:04:13 Joanie Christie: Please say again who does the Dementia Jeopardy I would like to ask for her questions.
- 01:04:21 Lisa Wells: I use Dementia Jeopardy in training law enforcement, Fire/first responders. Very effective and great way to keep their attention.
- 01:04:37 Kristy Russell: I would love to know more about Dementia Jeopardy too!
- 01:04:38 Carla Berscheid: "High Octane Brain" virtual or in-person book club is a great way to reach those caring for PWD or concerned about their brain health
- 01:04:54 Ethelle Lord: The ICA offers a business model of dementia care vs a model such as Teepa Snow, Judy Cornish, Sira Botes.

**Question for the audience: Think about the evidence based programs for caregivers in your state. What have been some barriers and facilitators for implementing these programs?**

- 01:04:54 Jennifer Shore - Senior Services - Winston Salem, NC: We are all working independently without collaboration.
- 01:05:06 Carla Berscheid: Respite care so they can attend
- 01:05:09 Lynn Fyans: reaching rural audiences
- 01:05:14 Kate Massey--NWRC (an AAA): Barriers to implementing: cost of training, staff turnover
- 01:05:24 Nicole McGurin: Cost of SAVVY caregiver to organizations

- 01:05:25 Annette Graham: costs of licensure and sending staff to training.
- 01:05:25 Julie Knight - Louisiana: Reaching rural residents and caregivers
- 01:05:33 Laura Ellen Christian - AGE-u-cate Training Institute: Rural audiences, cultural barriers of accepting help
- 01:05:39 Kristy Russell: The barriers are scheduling in a way that others know about the programs so we can direct people to them
- 01:05:45 Kate Massey--NWRC (an AAA): lack of respite providers
- 01:05:51 Lynn Fyans: Not duplicating
- 01:05:52 Julie Knight - Louisiana: Virtual has been more effective Lynn
- 01:05:59 Kristy Russell: Also huge turnover in employees since COVID
- 01:06:01 Mary O'Leary: We have implemented Dealing with Dementia in Seattle-King County. All 4 of us are Registered Nurses. Right now I would say training costs as well as the purchasing of books. There is definitely interest and positive feedback from attendees.
- 01:06:07 Ethelle Lord: Respite is a very big problem especially in rural areas.
- 01:06:10 Elizabeth Bradshaw Scott: Stigma is still present
- 01:06:11 Carla Berscheid: connecting with health care agencies to refer to our programs is challenging
- 01:06:18 Julie Knight - Louisiana: Transportation is a big issue coupled with respite care
- 01:06:21 Atheda Fletcher: Caregivers having the time for training. Stigma related to dementia.
- 01:06:40 Julie Knight - Louisiana: We also work with a nonprofit who offers respite to couple programming.
- 01:06:43 Annette Graham: Caregivers availability to participate
- 01:06:51 Ethelle Lord: Better homecare services are needed in rural areas.
- 01:07:04 Todd Graham: MapHabit ([www.maphabit.com](http://www.maphabit.com)) is a clinically-validated, CMS-1915 Medicaid waiver approved platform. It is the most cost-effective way to establish greater independence and facilitate completion of activities of daily living and reducing caregiver burden.
- 01:07:05 Elba Liz Gonzalez Marquez: Many of the evidence-based programs are based in other countries and are not always culturally sensitive to our realities.
- 01:07:31 Jenay Beer: Replying to "Many of the evidence..."  
 Sadly so true.
- 01:07:44 Ethelle Lord: ICA's TDI program is culturally sensitive as well as a global business model of dementia care.
- 01:08:08 Tina Smith Caregiver SOS Texas: Stress-Busting Program--challenge is the length of the program (9 weeks, 1 1/2 hours a week), but we find once the program gets started, most complete.
- 01:09:43 Tina Smith Caregiver SOS Texas: Replying to "Many of the evidence..."  
 Stress-Busting Program has a Spanish program that has been culturally adapted.
- 01:13:47 Jenay Beer: Replying to "Stress-Busting Progr..."  
 Is there a link you can share for this program? Would love to learn more.
- 01:15:17 Tina Smith Caregiver SOS Texas: Replying to "Stress-Busting Progr..."  
<https://www.wellmedcharitablefoundation.org/caregiver-support/caregiver-stress-busters/for-organizations/>
- 01:20:40 Lisa Wells: Are these materials available?

- 01:21:51 Ethelle Lord: Music therapy needs to be a daily offering for a person living with dementia. ICAcares.com
- 01:22:23 Laura Ellen Christian - AGE-u-cate Training Institute: This is a great free resource for people living with dementia and care partners - Pathways to well-being with dementia manual from Dementia Action Alliance - <https://daanow.org/pathways-to-well-being-with-dementia/>
- 01:23:24 Jenay Beer: Replying to " Are these materials..."  
Yes, we are in the process of developing a large website where these materials will be available for all. The website should launch by May 2024.
- 01:24:24 Laura Ellen Christian - AGE-u-cate Training Institute: Meet me at the garden is an amazing program! Reminds me of Meet me at MOMA but with nature 😊
- 01:24:36 Atheda Fletcher: In providing the 12-hour training group sessions--how was the attendee participation over the length of the training course? Were the caregivers able to come each time, etc.?
- 01:25:06 Jenay Beer: Replying to "Meet me at the garde..."  
YES! MOMA was our inspiration.
- 01:26:01 Jane Grudt: Alzheimer's Spouse Journal on Facebook is an excellent way for caregivers to help each other. Meetings are rarely attractions - caregivers need interactive times to share and unload things like dealing with substance abuse or abuse from the care recipient. No one asks a caregiver how they are - it is how the one with dementia is yet caregivers may die before the one with dementia. We do not know what we need as each is so different.nor the time to find out what is available and practicable. Some of us have stacks of brochures never opened. How do you reach out to caregivers? Guest speakers stole precious time in our support groups so we could not share our burdens. Topics may interest one but caregivers need each other. In one group a member has just lost her loved one and needed help but the speaker took away any share time. Share time needs to be managed so all have equal time and can pass and stop the ones who need control to not steal time from others.
- 01:27:16 Jenay Beer: More about Meet Me at the Garden: <https://outreach.uga.edu/meet-me-at-the-garden-pilot-program-supports-people-with-dementia-and-their-caregivers/>
- 01:27:26 Lisa Wells: Yes! We don't have speakers at our support groups because the caregivers just want to share and talk.
- 01:27:31 Jenay Beer: More about CARE Center: <https://stories.uga.edu/an-act-of-love>
- 01:28:19 Jenay Beer: Replying to "Alzheimer's Spouse J..."  
Yes, if guest speakers are invited, a balance is essential. Perhaps post in the Q&A to ask Sarah how she found that balance? It is something she put a lot of thought into.
- 01:29:26 April Henkel: Replying to "Alzheimer's Spouse J..."  
So true. I hear this in my support group too. Are you aware of a dementia shared-care pairings, like the Mothers Morning Out model? I bring my loved one to your house and you care for her and your wife too, and next week I'll do the same for you?
- 01:31:16 Jennifer Shore - Senior Services - Winston Salem, NC: Check out what Winston Salem, NC is doing: <https://generationscenter.org/>
- 01:32:14 Laura Ellen Christian - AGE-u-cate Training Institute: In light of sharing, another free resource! <https://scrippsoma.org/creative-caregiving-guide/>

01:32:39 Julie Boggess- AGE-u-cate Training Institute: I recently read that it is especially difficult reaching male caregivers as they tend to be less willing to share their experience and accept help. Here is a great book written from the perspective of a male caregiver with a basic message, "You can't do this alone." My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Care Giver."

[https://www.amazon.com/Two-Elaines-Surviving-Alzheimers-Caregiver/dp/B09PMBGMT4/ref=sr\\_1\\_1?crd=27VBVYG5FTCZB&keywords=my+two+elaines+by+martin+schreiber+book&qid=1706115937&sprefix=My+Two+Elaine%2Caps%2C212&sr=8-1](https://www.amazon.com/Two-Elaines-Surviving-Alzheimers-Caregiver/dp/B09PMBGMT4/ref=sr_1_1?crd=27VBVYG5FTCZB&keywords=my+two+elaines+by+martin+schreiber+book&qid=1706115937&sprefix=My+Two+Elaine%2Caps%2C212&sr=8-1)

01:33:22 April Henkel: Check out Respite for All. A great group respite model.

01:34:01 Lisa Wells: Respite for All is AMAZING! We are working on implanting this in our county!

01:34:13 Tina Smith Caregiver SOS Texas: Free hour-long learning online sessions for family and professional caregivers: Caregiver Teleconnection program

<https://www.wellmedcharitablefoundation.org/caregiver-support/caregiver-teleconnection/>

01:35:15 Elizabeth Head: I'd like to take a moment and thank everyone in the audience. Your comments, discussions, and suggestions - both in the chat and in the Q/A tab have been incredible. This is how we move the work forward and keep PLWD and carepartners at the forefront of the work.

01:35:19 Jennifer Shore - Senior Services - Winston Salem, NC: <https://www.nccdp.org/cdp/>

01:36:13 Jennifer Shore - Senior Services - Winston Salem, NC: .Thank you all! This has been GREAT!

01:36:14 April Henkel: Replying to "Respite for All is A..."

Here too. Are you aware the UMC has a Dementia Ministry network?

01:36:30 Lisa Wells: Replying to "Respite for All is A..."

Yes!

01:37:05 Ethelle Lord: Work opportunities would be the dementia coach in the organizational chart of a dementia care and services organization through the ICA anywhere in the world. ICACares.com

01:37:49 April Henkel: MemiryCare.org in Asheville is a tremendous resource and model. A clinic (diagnostics) but SO much more. They do a free online Caregiver College 4 times a year. Tremendous program.

01:38:32 Laura Ellen Christian - AGE-u-cate Training Institute: Well said, Lynn!

01:38:44 Ethelle Lord: Alzheimer's friendly communities. ICACares.com

01:41:08 Elizabeth Head: Every state has Extension Offices. Seek yours out and the University that supports them in your state - they are great partners and can help with programs.

01:42:46 Elizabeth Head: Georgia's overall approach is to make sure Primary Care Physicians are involved post diagnosis. It's critical to that continued care. This approach is across both UGA and Emory's Georgia Memory Net. :-)

01:44:18 Elma Johnson (PHCOE-DC): Before you leave today, please let us know how you liked today's session: [https://umn.qualtrics.com/jfe/form/SV\\_9ykdiUYDoHdqILA](https://umn.qualtrics.com/jfe/form/SV_9ykdiUYDoHdqILA)

01:45:04 Lisa Wells: We work with our residency physicians and am fortunate to do dementia training for them that includes Dementia Live. Very impactful and amazing the little knowledge they have.

01:45:27 Ethelle Lord: Very informative session. I understand the structural demands of building such services. We all need to join together and help one another because there are so many diagnoses of dementia. Let me know how we may help at the ICA: ICACares.com

01:47:04 Ethelle Lord: The ICA has a wonderful global education program for dementia. Please reach out Dr.Lord@ICAcare.com

01:49:08 Ethelle Lord: At the ICA we have certified dementia coaches to work in homecare, assisted living, long-term care. ICAcare.com

01:49:49 Carla Berscheit: Dementia Live by Age U Cate is another really good option.

01:50:00 Laura Ellen Christian - AGE-u-cate Training Institute: Here's a great case study on collaboration in education with a hospital in NJ with an Assisted Living community and a medical center. You're right on, Michael! And the GEDC is going great work on this.

01:50:02 Laura Ellen Christian - AGE-u-cate Training Institute:

[https://ageucate.com/index.php?main\\_page=arbor\\_company\\_and\\_shore\\_medical\\_case\\_study](https://ageucate.com/index.php?main_page=arbor_company_and_shore_medical_case_study)

01:50:49 Laura Ellen Christian - AGE-u-cate Training Institute: <https://gedcollaborative.com/>

01:54:17 Julie Knight - Louisiana: Alexandra from BOLD PHCOE ED can you send me your contact information after this meeting?

01:54:22 Alexandra Nordyke (NYU BOLD PHCOE-EDD): Thank you for the introduction, Elma! [bolddementiadetection.org](http://bolddementiadetection.org). You can also reach us at NYUBOLDCenter@nyulangone.org!

01:54:47 Laura Bauer McConatha: The Rosalynn Carter Institute and FEMA have developed an emergency preparedness manual. RCI has a webinar about it today at 2 pm.